

PICAPLATS · Allergen menu

Key: X = contains the allergen · T = may contain traces

Tree nuts: almonds, hazelnuts, walnuts, cashews, pecans, Brazil nuts, pistachios and macadamia nuts



NOTICE: All 14 mandatory-declaration allergens are prepared and handled in our kitchen. Although we take measures to avoid cross-contamination, we cannot guarantee the complete absence of traces. If you have any allergy or intolerance, please tell our staff before ordering.															
DISH	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soy	Milk	Tree nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	Notes
AUBERGINE COCA															
Baguette bread: wheat flour, water, yeast, salt, flour improver	X					T				T					
Roasted aubergine, honey, chives, salt															
Goat's cheese (log): pasteurised goat's milk, salt, rennet, lactic cultures							X								
Sobrasada: pork, paprika, salt, spices						T	T								
GUACAMOLE															
Avocado, tomato, red onion, corn tortilla chips, salt															Tortilla chips fried in a dedicated gluten-free fryer
GILDAS (PINTXO)															
Olive, chilli pepper, anchovy, piparra pepper oil				X								X			
RUSSIAN SALAD															
Potato, carrot, olives, Dijon mustard, piparra peppers										X		X			Suitable for pregnant women (pasteurised ingredients)
Light tuna in sunflower oil: tuna, sunflower oil, salt		T		X										T	
Mayonnaise: sunflower oil, pasteurised egg yolk, vinegar, sugar, salt, lemon			X												
Wheat crisps: wheat flour, sunflower oil, salt, raising agent, flavour enhancer, paprika	X														
POT OF ROCK MUSSELS (STEAMED)															
Mussels, lemon, oil														X	
POT OF ROCK MUSSELS (BASQUE SAUCE)															
Mussels, brava sauce, garlic, parsley, oil														X	
PATATAS BRAVAS															
Potato, brava sauce (garlic, onion, tomato sauce, paprika), aioli (pasteurised egg, garlic, oil)			X												Suitable for pregnant women (pasteurised ingredients) · Potatoes fried in a dedicated gluten-free fryer
BAKED CAMEMBERT															
Camembert cheese: pasteurised cow's milk, salt, rennet, cultures							X								
Crackers: wheat flour, sunflower oil, malted barley extract, yeast, salt	X					T	T			T	T				
Walnuts								X							
Maple syrup															
TRINXAT DE Cerdanya (CABBAGE AND POTATO)															
Cabbage, potato, crispy pork belly, paprika															
TENDER AUBERGINE															
Aubergine, aubergine cream, truffled cream (cream cheese, cream, tartufata), mint oil	X						X								
Tartufata sauce: mushrooms, summer truffle, oil, breadcrumbs (wheat), salt, garlic	X														
Chicken stock: chicken, chicken fat, onion, salt, spices, flavourings															
ARTICHOKE FLOWER															
Artichoke, piparra pepper oil, Iberian ham												X			
OPEN VEGETABLE OMELETTE															
Egg, cherry tomato, artichoke hearts, thyme, rosemary, salt, extra virgin olive oil			X												Potatoes fried in a dedicated gluten-free fryer
OPEN VEGETABLE OMELETTE WITH PRAWNS															
Egg, prawns, cherry tomato, artichoke hearts, thyme, rosemary, salt, extra virgin olive oil		X	X									X			
ANDALUSIAN-STYLE SQUID															

DISH	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soy	Milk	Tree nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	Notes
Battered squid (wheat flour)	X													X	
Mayonnaise: sunflower oil, pasteurised egg yolk, vinegar, sugar, salt, lemon			X												
Cuttlefish ink: cuttlefish ink, water, salt, thickener		T		T			T							X	
Kimchi sauce: carrot, apple, chilli, garlic, ginger, soy, shiitake extract (wheat)	X					X									
Lime															
TUNA TARTARE															Tortilla chips fried in a dedicated gluten-free fryer
Tuna, avocado, corn tortilla chips, gluten-free soy sauce (water, soy, salt, vinegar)				X		X									
Dashi powder: dried bonito (fish), salt, sugar, yeast extract, flavour enhancers				X											
Teriyaki sauce: soy sauce (soy, wheat), sugar, rice vinegar, rice wine, tomato, ginger, garlic	X					X									
Kimchi sauce: carrot, apple, chilli, garlic, ginger, soy, shiitake extract (wheat)	X					X									
Sriracha sauce: chilli, sugar, garlic, salt															
SCRAMBLED EGGS															
Egg, potato			X												
White prawn: prawn, preservative (sodium sulphite)		X		T								X		T	
MEAGRE CEVICHE															
Meagre, onion, avocado, toasted corn, tiger's milk (lime, celery, onion, coriander, aji amarillo pepper)				X					X						
Aji amarillo paste: aji amarillo pepper, salt															
CROQUETTES OF THE DAY															Please ask our staff
Daily recipe with béchamel (milk, wheat flour, nutmeg)	X						X	X							
STEAK TARTARE ROLL															
Minced beef, egg yolk, mustard, Tabasco			X							X		X			
Teriyaki sauce: soy sauce (soy, wheat), sugar, rice vinegar, rice wine, tomato, ginger, garlic	X					X									
Worcestershire sauce: barley malt vinegar, molasses, sugar, anchovies, tamarind, onion, garlic, salt, spices	X			X											
Kimchi sauce: carrot, apple, chilli, garlic, ginger, soy, shiitake extract (wheat)	X					X									
MEATBALLS															
Minced beef and pork jowl, onion, mushrooms, milk, flour (for frying)	X						X								
Tartufata sauce: mushrooms, summer truffle, oil, breadcrumbs (wheat), salt, garlic	X														
BEEF TAGLIATA															
Beef, red mojo (red pepper, paprika, cumin, pepper, garlic, salt, xanthan gum)															
OAXACA PULLED PORK TACOS															
Pulled pork (pork, spices), pickled onion, lime, red mojo (red pepper, paprika, cumin, pepper, garlic, salt, xanthan gum)												X			
Gluten-free corn tortilla: corn flour, water, sunflower oil, salt															
BROKEN EGGS WITH HAM															Potatoes fried in a dedicated gluten-free fryer
Egg, iberian ham, potato, salt			X												
XL CANNELLONI															Suitable for pregnant women (pasteurised ingredients)
Meat cannelloni (beef, pork and chicken), wheat and egg pasta, pasteurised milk, breadcrumbs, rancio wine, béchamel, cheese	X	T	X	T	T	T	X	X	T	T		X		T	
CHICKEN FINGERS															
Breaded chicken (wheat flour), spices (celery), whey, egg, refined soybean oil	X		X	T		T	X		X	T	T	T		T	
Sweet chilli sauce: sugar, water, chilli, garlic, salt, cornflour															
CHIPS															Fried in a dedicated gluten-free fryer
Potato, salt															
STRACCIATELLA															

DISH	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soy	Milk	Tree nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	Notes
Stracciatella: milk, cream, salt, rennet							X								
Tomato, basil oil, rocket															
XATÓ (ENDIVE SALAD)															
Endive, tuna belly (light tuna, sunflower oil, salt), black olives, anchovies				X											
Shredded cod: cod, water, salt		T		X										T	
Xató sauce: red pepper, tomato, almonds, hazelnuts, garlic, oil, sherry vinegar								X				X			
IBERIAN PORK "LAGARTO"															
Iberian "lagarto" (Iberian pork cut)															
Roasted red pepper, olive oil, salt															
Chimichurri sauce: oregano, sweet paprika, cayenne, garlic, Chardonnay vinegar, olive oil and sunflower oil												X			
CAP I POTA (BEEF HEAD AND TROTTER STEW)															
Beef head and trotters, chickpeas, onion, tomato sauce, paprika, cayenne															
SALMON TARTARE															
Salmon				X											
Sushi vinegar: wheat, corn and rice spirit vinegar, water	X														
Wasabi mayonnaise: Japanese mayonnaise (rapeseed oil, egg yolk, vinegar, salt, sugar, mustard), wasabi powder (horseradish, mustard seeds, glucose, cornflour, colourings)			X			T				X					
Poppadom: urad flour (black gram), rice flour, coconut oil, salt															
Toasted seaweed snack: seaweed, sesame seeds and oil, corn oil, olive oil, sugar, salt	T					T					X				

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DESSERTS															
TORRIJAS (SPANISH FRENCH TOAST)															
Coconut milk torrija (bread, coconut milk, egg), honey	X		X												
Vanilla ice cream: milk, cream, whey, egg yolk, sugar, glucose syrup, coconut fat			X		T		X	T							
CHEESECAKE															
Homemade cheesecake: cremet cheese, mascarpone, cream, egg, sugar, cornflour			X				X								
Lotus topping: caramelised biscuit (wheat flour, soy flour, sugar, vegetable oils, cinnamon)	X					X									
Oreo topping: cream-filled cocoa biscuit (wheat flour, cocoa, sugar, palm fat, soy lecithin)	X					X	T								
Nutella topping: Nutella spread (hazelnuts, milk, soy) and Nutella Biscuits (wheat, barley, hazelnuts, milk, soy)	X					X	X	X		T					
Berry topping: strawberries, blackberries, blueberries, red and black currants, syrup (water and sugar)															
CHOCOLATE COULANT															
Egg, sugar, wheat flour, dark chocolate, cocoa	X		X			T	T	T							
TROPICAL DELIGHT															
Coconut milk mousse (egg yolk, sugar, gluten-free cornflour), passion fruit syrup, pineapple, mint			X												
CHOCOLATE															
Dark chocolate (cocoa mass, sugar, cocoa butter, lecithins, vanilla), olive oil, salt							T								
Crackers: wheat flour, sunflower oil, malted barley extract, yeast, salt	X					T	T			T	T				
MOJITO ICE CREAM															
Lemon sorbet: water, sugar, lemon juice, glucose syrup, stabilisers							T	T							
OREO ICE CREAM															
Vanilla ice cream: milk, cream, whey, egg yolk, sugar, glucose syrup, coconut fat			X		T		X	T							
Oreo biscuit crumble: wheat flour, cocoa, sugar, palm fat, soy lecithin	X					X	T								
BREAD															
BREAD PORTION															
Baguette bread: wheat flour, water, yeast, salt, flour improver	X					T				T					
Tomato, salt, olive oil															
GLUTEN-FREE BREAD PORTION															
Gluten-free bread: rice, buckwheat and millet flours, corn and tapioca starches, sunflower oil, yeast, salt			T			T				T	T				
Tomato, salt, olive oil															